

Technical Bulletin

Serum Allergy Testing

January 2026



Effective January 20, 2026, serum allergy and allergy component testing for the Methodist Health System will transition from a reference lab, ARUP, to Methodist Jennie Edmundson (MJE) Hospital. The testing will be performed using the same methodology; therefore, there will be no change in CPT coding.

With the transition, new and updated allergy profiles, including allergy component reflexes, have been optimized to reflect best practices in patient testing. Please refer to the list attached for the new Methodist Health System orderables and reflex testing. Any allergen not listed will need to be ordered as an unlisted test procedure and will continue to be sent to a referral lab for testing.

Test Performed: Monday through Friday

Turn-Around-Time: 1-3 days

Specimen Requirements: Refer to the test directory on www.thepathologycenter.org for each specific orderable.

- Serum, separated from cells within 2 hours
- Sample Stability: Refrigerated 2 weeks

Please direct any questions to Dr. Becki Goldberg-Kahn, Tia Brandenburg and/or Ashley Taylor at 712-396-6311 or visit www.thepathologycenter.org for additional information.

Allergen Orderable for Methodist Health System		
Orderable	Allergens Included	Reflex testing
Allergen Alpha Gal	Alpha Gal, Beef, Lamb, Pork	
Allergen Cat with Component Reflex	Cat Dander	Cat Dander Components
Allergen Cockroach German	Cockroach German	
Allergen Dog with Component Reflex	Dog Dander	Dog Dander Components
Allergen Egg with Component Reflex	Egg White, Egg Yolk	Egg Components
Allergen Food Profile with Component Reflex	Almond, Brazil Nut, Cashew Nut, Codfish, Egg White, Hazelnut (Filbert), Milk, Peanut, Salmon, Scallop, Sesame Seed, Shrimp, Soybean, Tuna, Walnut, Wheat	Brazil Nut Component, Cashew Nut Component, Egg Components, Hazelnut Components, Milk (Cow) Components, Peanut Components, Sesame Component, Walnut Components, Wheat Components
Allergen Hazelnut with Component Reflex	Hazelnut	Hazelnut Components
Allergen House Dust Mites	D. Pteronyssinus, D. Farinae	
Allergen Kentucky Bluegrass	Kentucky Bluegrass	
Allergen Milk (Cow) with Components Reflex	Milk (Cow)	Milk Components
Allergen Mold Alternaria Tenius	Alternaria alternata	



Orderable	Allergens Included	Reflex testing
Allergen Peanut with Component Reflex	Peanut	Peanut Components
Allergen Pediatric Profile with Component Reflex	Alternaria alternata, Brazil Nut, Candida albicans, Cashew Nut, Cat Dander, Cedar, Mountain, Cockroach, German, Codfish, D. Pteronyssinus, Dog Dander, Egg White, Hazelnut (Filbert), Milk, Mouse Urine, Peanut, Salmon, Scallop, Sesame Seed, Shrimp, Soybean, Timothy Grass, Tuna, Walnut, Wheat	Brazil Nut Component, Cashew Nut Component, Cat Dander Components, Dog Dander Components, Egg Components, Hazelnut Component, Milk (Cow) Component, Peanut Component, Sesame Component, Walnut Components, Wheat Components
Allergen Profile Nut with Component reflex	Almond, Brazil Nut, Cashew Nut, Hazelnut (Filbert), Macadamia Nut, Peanut, Pecan Nut, Pistachio Nut, Walnut	Brazil Nut Component, Cashew Nut Component, Hazelnut Components, Peanut Components, Walnut Components
Allergen Ragweed	Ragweed	
Allergen Respiratory Profile with Component Reflex	Alternaria alternata, Ash White, Aspergillus fumigatus, Bermuda Grass, Cat Dander, Cedar Mountain, Cladosporium herbarum, Cockroach German, Cottonwood, D farinae, D pteronyssinus, Dog Dander, Elm, American, Maple Leaf Sycamore, Maple/Box Elder, Mouse Urine, Nettle, Oak White, Pecan, Hickory, Penicillium chrysogen, Pigweed Common, Ragweed Short, Rough Marshelder, Sheep Sorrel, Thistle, Russian, Timothy Grass, Walnut, White Mulberry	Cat Dander Components, Dog Dander Components
Allergen Shell Fish Profile	Clam, Crab, Lobster, Oyster, Scallop, Shrimp	
Allergen Soybean	Soybean	
Allergen Timothy Grass	Timothy Grass	
Allergen Tree Elm	Tree Elm American	
Allergen Tree Maple/Box Elder	Tree maple/Box Elder	
Allergen Tree Silver Birch	Tree Birch	
Allergen Wheat with Component Reflex	Wheat	Wheat Components

Allergen Component Orderable for Methodist Health System		
Orderable	Allergens Component(s) Included	
Allergen Cashew Nut Component	Ana o 3	
Allergen Cat Dander Components	Fel d1, Fel d 2, Fel d 4	
Allergen Dog Dander Components	Can f 1, Can f 2, Can f 3, Can f 5	
Allergen Egg Components	Ovalbumin, Ovomucoid	
Allergen Hazelnut Components	Cor a 1, Cor a 8, Cor a 9, Cor a 14	
Allergen Milk (Cow) Components	Alpha Lactalbumin, Beta Lactoglobulin	
Allergen Peanut Components	Ara h 1, Ara h 2, Ara h 3, Ara h 6, Ara h 8, Ara h 9,	
Allergen Sesame Component	Sesi1	
Allergen Walnut Components	Jug r 1, Jug r 3	
Allergen Wheat Components	Gliadin Wheat, Tri a 19 (w-5 gliadin), Tri a 14 (nsLTP), Phl p 12 (profilin), CCD Determinants	